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Advanced Kicking Seminar

Stuart Murray (4th Dan in Choi Kwon Do) will take you through various advance kicking techniques. Jumping, spinning, turning, - performance kicks at their best!

Date : 19th June 2004

Time : 1300hrs to 1500hrs

Venue : Caledonian University Sport Centre

Cost : £10 (pay on the day)

For all enquiries or to reserve a place call Guy on 07710 769 490, or email guy_ramsay@hotmail.com

www.caledonianmuaythai.co.uk

