



Class Times

Caledonian University (All classes open to the public)

Mon 11-12noon (fighters)
 Tues 4-5pm (mixed)
 6.15-7.45pm (intermediate / fighters)
 Wed 1-2pm (mixed)
 8-9pm (mixed)
 Thurs 11-12noon (fighters)
 4-5pm (women only)
 Fri 4-5pm (mixed)
 5-6pm (mixed)
 Sun 12-1pm (mixed)

Strathclyde University (Classes open to students only)

Mon 4-5pm (mixed)
 Wed 4-5pm (mixed)
 5-6pm (bags / sparring)

Healthlands Bath Street (All classes open to the public)

Tues 8.30-9.30pm (mixed)
 Thurs 8-9pm (mixed)

Glasgow University (Open to students only)

Tues 8-9pm
 Thurs 9-10pm

Esporta Finnieston (Members only)

Thurs 7.15-8.15pm
 Sun 4-5pm

Green's Finnieston (Members only)

Fri 5.45-6.45pm
 Sat 4-5pm

Inverness

Wed 7.30-8.30 pm
 Aquadome Bught Park
 Fri 7.30-8.30pm
 Sky Centre Culloden

To find out more :

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www.caledonianmuaythai.co.uk

