

Learn how to hit like a girl...



University of Strathclyde Muay Thai Club

@ the Sports Centre in the Activity Room

Mondays 4-5pm All Welcome

Wednesdays 4-5pm All Welcome

5-6pm Intermediates / Sparring

Beginners welcome all through the year.

Improve your fitness.

Practice skills including boxing, kicking, knees & elbows.

Club open all year round

You can compete if you want - we've had fighters on shows all over the UK, in the USA and even in Thailand!



www.caledonianmuaythai.co.uk